



About the Get Up Speak Out (GUSO) Project

GUSO is a 5-year young people's (10 to 24 years of age) sexual and reproductive health rights (SRHR) program. GUSO will be implemented by KMET as a member of the SRHR Alliance in Kenya, a coalition of civil society organizations and institutions working to promote the sexual and reproductive health and rights of young people and women. The alliance was first established in the Netherlands in 2010. In Kenya, the SRHR Alliance brings together 17 organizations, 10 of which will be implementing the GUSO program. The 10 participating member organizations include ; Africa Alive (AA), Anglican Development Services (ADS) Nyanza, Centre for the Study of Adolescence (CSA), Family Health Options Kenya (FHOK), Great Lakes University of Kisumu (GLUK), Kisumu Medical Education Trust (KMET), Maximizing facts on AIDS (MAXFACTA), Nairobi Trust, Network for Adolescence and Youth of Africa (NAYA) , Women Fighting AIDS in Kenya (WOFAK).

The **Overall objective of GUSO** is to ensure that all young people, especially girls and young women, are empowered to realize their SRHR in societies that are positive towards young people's sexuality. **The program has 5 specific objectives:** 1. Strengthen and sustained alliances; 2. Empower young people to voice their rights; 3. Increase use of SRHR information and education; 3. Increase use of youth-friendly SRHR services; and 5. Improve socio-cultural and legal environment.

OUTCOMES AREAS: PATHWAYS OF CHANGE

Outcome 1: Strengthened and sustainable Alliances comprehensively address the SRHR of young people.

The alliance will facilitate technical assistance to members in the following areas; meaningful youth participation, CSE, Youth-Friendly services, social accountability and more sensitive cross-cutting issues such as sexual diversity, gender, rights-based approach and safe abortion. The alliance will also build the capacity of partners in Operational Research; leading to improved evidence-based programming and strengthened interventions.

Outcome 2: Empowered young people able to voice their rights

The program will adopt several strategies to facilitate the afore mentioned assumptions including; structural and fair representation in decision-making, building positive youth-adult partnerships, strengthening capacity of young people, youth organisations and adults and lastly networking and movement building.

Outcome 3: Increased utilization of comprehensive SRHR information and education by all young people.



The intermediate outcomes contributing towards the attainment of the outcome are: SRHR information that is comprehensive, user friendly, appealing and responds to the needs of young people, secondly, competent educators deliver quality and user friendly SRHR information to young people and lastly young people are referred to SRHR services. A number of strategies will be used to realize the intended results. Firstly, the capacity of information providers' will be developed specifically in implementing the CSE, the GUSO program will develop the capacity of information providers through: training of teachers. Further, training on

Positive Health Dignity and Prevention approach for adolescents and YP living with HIV will be conducted. The second strategy is multi-faceted approaches in the provision of CSE (Whole School, Dance4life Trajectory, Peer Education, and Direct access).

Outcome 4: Increased utilization of quality and youth-friendly SRHR services that respond to the needs and rights of all young people.



To achieve this outcome GUSO will ensure that health care providers are capacitated and equipped to provide services needed by young people. Additionally, young people will be supported in seeking SRHR services at all levels by working with guardians and parents to improve communication between them and the young people. There will be need to ensure that relevant YF SRHR policies are implemented at facility levels through linkages with activities planned for Outcome 5. . The Ministry of

ICT (Information Communication & Technology) will be a key partner in the establishment of electronic and mobile platforms (E & M) for use for referrals and SRHR data management. To improve quality of services at the health facilities and the participation of young people and community in monitoring and demanding for quality health services GUSO program will seek to strengthen various social accountability mechanism. GUSO will employ different social accountability mechanism which will include the use of community score cards, community dialogues and establishment feedback platforms at the health facility. Central to this strategy is the community awareness creation on young people SRHR and quality of care standards.

Outcome 5: Improved social-cultural, political and legal environment for gender-sensitive, youth-friendly SRHR.

To realize the improved social cultural political and legal environment, the following actors will be meaningfully engaged; policy makers, community leaders and gatekeepers, religious leaders, community members, young people and relevant line ministries. The identified actors have legislative, policy interpretation, social mobilization and influencing roles. For the successful implementation of this result area, the program holds the following assumptions; the relevant policies makers will prioritize young people SRHR policies, religious leaders and men will remain supportive, the community will remain receptive and supportive of young people SRHR rights and emerging needs.



Theory of Change GUSO Program 2016-2020:

In Siaya, KMET will work in partnership with NAYA (advocacy), Anglican Development Services, Nyanza (Information) CSA (sexuality education); FHOK (service delivery); and GLUK (information)

